



Agreement to Participate in Itty Bitty Yogis

Participation in all physical activities, including yoga, can be strenuous and involve some risk of injury. Yoga demands cardiovascular fitness, coordination, and agility. Although many risks can be avoided, I understand that not all risks can be and release Itty Bitty Yogis from responsibility for any injury that my child might incur during the course of normal play.

I certify that _____ 1) possesses a sufficient degree of physical fitness to safely participate in yoga, 2) understands that he/she is to discontinue activity at any time he/she feels undue discomfort or stress.

I have read the preceding information and it has been explained to me. I know, understand, and appreciate all of the risks inherent in the participation in yoga and I am voluntarily allowing the above mentioned minor child to participate in Itty Bitty Yogis.

In consideration of being permitted to enter any Itty Bitty Yogis' facility for any purpose including, but not limited to observation or use of facilities or equipment, or participation in any program affiliated with Itty Bitty Yogis, the undersigned hereby agrees to the following:

1. Assumption of Risks: In doing so, I am assuming full responsibility for all of the inherent risks of the activity, including bodily injury, death, or property damage, due to negligence of Itty Bitty Yogis or otherwise while in, about, or upon any Itty Bitty Yogis' premises and/or while participating in any program affiliated with Itty Bitty Yogis.

2. Waiver of Liability: In consideration of the use any Itty Bitty Yogis' facilities and the participation in yoga at Itty Bitty Yogi, I, on behalf of myself, my family, my children, my heirs, and my assigns, do hereby release and covenant not to sue Itty Bitty Yogis, and its officers, directors, members, agents, and employees, from all liability and any claim or demands therefor for injury, loss, or death to the above-mentioned participant in any way associated with participating in any program or activity affiliated with Itty Bitty Yogis now or in the future.

3. Indemnification: I, on behalf of myself, my family, my children, my heirs, and my assigns, agree to indemnify and hold harmless Itty Bitty Yogis, and its officers, directors, members, agents, and employees, from any loss, liability, damage, or cost they may, incur due to the presence of the undersigned or such children in, upon or about any Itty Bitty Yogis' premises or in any way observing or using any facilities or equipment of Itty Bitty Yogis, or participating in any program whether caused by the negligence of Itty Bitty Yogis or otherwise.

4. Use of Image: I do hereby consent and agree that Itty Bitty Yogis has the right to take photographs and video of my child during Itty Bitty Yogis sessions. These photos and video may be used on the company website (www.ittybittyyogis.com), company Facebook pages, and promotional material without compensation. I understand that my child's name and identity will not be revealed.

I, on behalf of on behalf of myself, my family, my children, my heirs, and my assigns further expressly agrees that the foregoing release, waiver, and indemnity agreement is intended to be as broad and inclusive as is permitted by the law of the Commonwealth of Virginia, and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

I have read and am voluntarily signing this release, waiver of liability, and indemnity agreement, and I further agree that no oral representations, statements or inducement apart from the foregoing written agreement have been made.

I have read and understand this document and release. Date: _____

Signature of Parent/Guardian: _____ Name of Participant (s): _____